

DR SOUTHARD SPEAKS AT BAY AREA MH CONFERENCE



On Friday, October 10, 2014, the Director of the Los Angeles County Department of Mental Health (LACDMH), Marvin Southard, DSW, spoke at the Mental Health and Spirituality Conference in Oakland, California.



The conference was entitled *Weaving Spirituality & Behavioral Health Using Evidence and Practice*, and took place at the Allen Temple Family Life Center. The conference focused on the importance and the existing evidence of including spirituality into wellness practices for people suffering with mental health challenges.



Dr. Southard was invited to share his thoughts as a leader who has championed the importance of using faith and spirituality as a key wellness tool and resource for individuals and their loved ones with mental health challenges. He was joined by other mental health professionals during a panel discussion.